



Highland Fall Forum Speaker— Catharine DeLong, Music Thanatologist

Music as Medicine at the End of Life, Sunday,
October 13, 4:00-5:30 p.m., Activity Building, 2380
Cloverdale Avenue, Winston-Salem, NC 27103

Music at the bedside brings beauty, intimacy, and comfort to end-of-life patients and their families. We know the senses of hearing and touch are the last to fade as a person winds their way towards death. Music invites listeners to be present to what is going on both inside and around them.

With climate thanatology as an extension of music thanatology in a time of ecological crisis, Catharine will introduce you to her work at the edge of the Great Salt Lake, where she brings harp and song to an inland sea on hospice.

The recent devastation of Hurricane Helene brings us to the receiving end of Catharine's sacred work. She will share ways we can comfort ourselves and one another in the aftermath of the storm.

Catharine DeLong is a certified music thanatologist, hospice chaplain, end-of-life educator, and harp teacher. She tends to the emotional, physical, and spiritual needs of palliative patients in Salt Lake City with harp and voice. Her video performance with harp at the edge of the Great Salt Lake brings awareness to climate thanatology. Watch this amazing video [here](#).

